

*The Eleanor B. Daniels Fund presents a FREE program on:*

# **Strengthening Your Immune System, Using Complementary Medicine**

*Including:*

## ***Using a Natural Approach to Sleep with Dr. Molly Fleming***

Learn more about a holistic approach to health care and the connection between your immune system and a good night's rest. Dr. Molly Fleming, a naturopathic physician and Hong Kong trained acupuncturist, offers a unique combination of complimentary therapies. Dr. Fleming will address the challenges of sleep and share some strategies that may help.

## ***In Pursuit of Health and Well-Being: A Personal Perspective with Patricia Selsky***

As an ovarian cancer survivor, Patricia will discuss pieces of her personal journey of healing using complementary medicine. She will share her insights and experiences in the areas of acupuncture, reiki, metabolic typing and more. "Healing is not linear and we need to take an active role in our own well being."

*Plus, Introduction by Dr. Cheung Wong*

**Thursday, September 16, 2010**

**The Carpenter Auditorium/ Given Medical Building**

**From 5:30 pm – 7:00pm**

*The Eleanor B. Daniels Fund is dedicated to supporting education, research and development efforts for gynecologic malignancies and women's health topics*



***PLEASE JOIN US!  
EVERYONE WELCOME***

*To register, please send an email to [sdaniels2@cs.com](mailto:sdaniels2@cs.com) or call 434-3979. Walk-ins welcome, however, we'd like a count in advance, so please call! Parking available.*